



INTERNATIONAL SPACE STATION

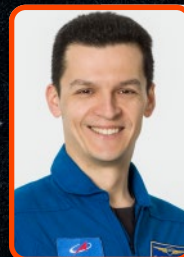
EXPEDITION 70



Soyuz

Launch: September, 2023
Landing: September, 2024**Oleg Kononenko (ROSCOSMOS)**
Commander (70b)**Born:** Chardzhou, Turkmen SSR
Spaceflights: Exp 17, 30/31
44/45, 58/89
Bio: <https://go.nasa.gov/3Eivpr5>**Nikolai Chub (ROSCOSMOS)**
Flight Engineer**Born:** Novocherkassk, Rostov Region
Spaceflights: First Flight
Bio: <https://go.nasa.gov/47Vbqfu>**Loral O'Hara (NASA)**
Flight Engineer (Returns in March 2024)**Born:** Houston, Texas
Spaceflights: First Flight
Bio: <https://go.nasa.gov/3PX6qA6>
X: @LunarLoral

Crew-7

Launch: August, 2023
Landing: March, 2024**Andreas Mogensen (ESA)**
Commander (70a)**Born:** Copenhagen, Denmark
Spaceflights: Soyuz TMA-18M
Soyuz TMA-16M
Bio: <https://go.nasa.gov/3qOjMVN>
X: @Astro_Andreas
Instagram: @Astro_Andreas**Jasmin Moghbeli (NASA)**
Flight Engineer**Born:** Pittsburgh, Pennsylvania
Spaceflights: Exp 68
Bio: <https://go.nasa.gov/3EY5vsY>
X: @AstroJaws
Instagram: @AstroJaws**Konstantin Borisov (ROSCOSMOS)**
Flight Engineer**Born:** Smolensk, Russia
Spaceflights: First Flight
Bio: <https://go.nasa.gov/45QtV2S>**Satoshi Furukawa (JAXA)**
Flight Engineer**Born:** Kanagawa, Japan
Spaceflights: Exp 28/29
Bio: <https://go.nasa.gov/3L2Y7A5>
X: @Astro_Satoshi

EXPEDITION 70

Expedition 70 began in September 2023 and ends in March 2024. This expedition will include research investigations focused on biology, Earth science, human research, physical sciences, and technology development, providing the foundation for continuing human spaceflight beyond low Earth orbit to the Moon and Mars.



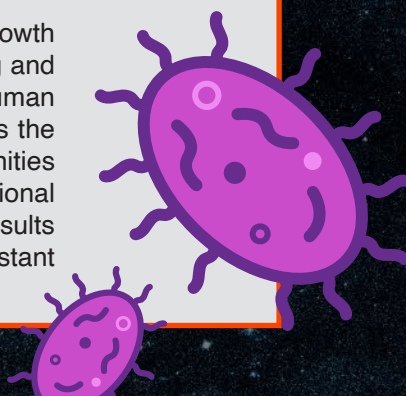
SCIENCE ON THE



During Expedition 70, crew members will collect microbial samples, like bacteria and fungi, from outside of the space station to better understand how far they may travel and survive in space. Astronauts will also study the differences between sleep in space and on Earth and begin a series of investigations that will monitor the psychological and physiological health of astronauts before, during, and after their missions. Follow the latest ISS Research and Technology news at: www.nasa.gov/stationresearchnews

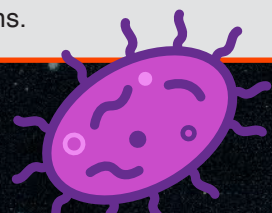
Bacterial Adhesion and Corrosion

Future NASA exploration missions will require proficient control of microbial growth during the recycling of wastewater to provide water that is safe for astronaut drinking and personal hygiene, as well as to protect the integrity of life support systems for human habitation in space. The **Bacterial Adhesion and Corrosion (BAC)** investigation studies the effect of spaceflight on the formation of multi-species, surface-adherent bacterial communities (biofilms), their ability to corrode stainless steel surfaces relevant to those on the International Space Station water system, and the efficacy of disinfectants to clear these biofilms. Results from this investigation could provide insight into better ways to control and remove resistant biofilms, contributing to the success of future long-duration spaceflights.



ISS External Microorganisms

As we design spacecraft and spacesuits for exploration to other planets, we need to identify and understand microorganisms, like bacteria and fungi, that humans could carry with them. As part of the **ISS External Microorganisms** investigation, astronauts will collect samples from the exterior surface of the space station during a spacewalk to study whether a spacecraft releases microorganisms and, if so, how many and how far they may travel. The samples will be returned to Earth for DNA analysis. Scientists hope to understand the ability of organisms to survive and reproduce on the exterior of the space station to create laboratory analogs that allow a better understanding of how these organisms may perform in other planetary environments such as the Moon and Mars. What we learn could inform preparations for future human exploration missions.



Sleep in Orbit

Sleep is directly related to health, well-being, and cognitive performance. Living in microgravity and in an artificial day-night cycle influences the circadian rhythm and sleep patterns of astronauts. The ESA (European Space Agency) **Sleep In Orbit** investigation studies the physiological differences between sleep on Earth and in space using an in-ear style measurement device that will measure the brain's activity while the astronaut sleeps on the space station. Gaining insight into astronauts' sleep physiology in space enables the implementation of preventive measures to mitigate the adverse effects of poor sleep. This can be achieved by enhancing work plan organization and optimizing the spacecraft environment. Continuous monitoring of the physiological aspects of astronauts' sleep could help quantify their cognitive well-being and enable enhanced safety and improved work quality during space missions.

CIPHER

Through Artemis, astronauts are returning to the Moon in preparation for one day going to Mars. To better prepare them for these long journeys, scientists need to know: How do extended durations in space change the human body? Astronauts flying to the International Space Station can now volunteer for a suite of experiments that aim to help scientists learn more. Together, these experiments are called the **Complement of Integrated Protocols for Human Exploration Research, or CIPHER**, the first study to integrate multiple physiological and psychological measures, giving us a chance to assess the whole human response to time spent in space. Through CIPHER, up to 30 astronauts over various mission-length categories participate in an integrated set of 14 studies sponsored by NASA and international partner agencies. These research studies will monitor the health of astronauts before, during, and after their missions, and together address the following themes: bone and joint health, brain activity and behavior, cardiovascular, exercise, sensorimotor, vision, and biomarkers. What we learn will play a pivotal role in ensuring the safety, health, and success of astronauts pursuing deep space exploration of the Moon and Mars.



The patch for Expedition 70, designed by ESA graphic designers Hugo Simões and Hugo Dias, is based on 'yinyang', the well-known philosophical symbol of balance between two complementary forces — yin and yang — that make up all aspects and phenomena of life. In this depiction, the red and orange tones in the lower half of the patch represent science and the dark blue represents space exploration in the upper half.

The expedition number '70' is suggested by representations of the space station's orbit joined by the plume from a launcher forming the '7' in white, followed by the '0' as a white orbit which, after circling Earth points into the dark background, hinting at future deep-space exploration. Red, white and blue trails join the space station orbit, representing the colours from the flags of the four participating nations (Denmark, Japan, United States, and Russia).

Our planet, in blue and white, is surrounded by the white orbital 'swoosh' of the '0', representing the themes of climate research and benefits of science for life on Earth. The four stars represent the four crew members as well as the four participating nations.



NASA's Next Gen STEM project in partnership with the USDA Forest Service is excited to kick-off the upcoming school year with a unique opportunity. Nearly 2000 tree seeds traveled to the Moon and back to Earth aboard the Artemis I, Orion space capsule.

<https://www.nasa.gov/stem/feature/nasa-usda-forest-service-fly-next-generation-of-moon-tree-seeds-on-artemis-1/>

Moon Trees STEM Toolkit:

<https://www.nasa.gov/stem/moon-trees-toolkit>



In the latest STEMonstrations episode, NASA astronaut Nicole Mann explores how space exploration both inspires and affects art. Be inspired by this digital gallery full of space-themed artwork created by astronauts on station and students here on Earth. Check out all Stemonstrations at the link below.

<https://www.youtube.com/playlist?list=PLTUZypZ67cdvdsjuBr6MmF641qJdi2mo>

Join our community of educators, NASA CONNECTS!

<https://stemgateway.nasa.gov/connects/s/>

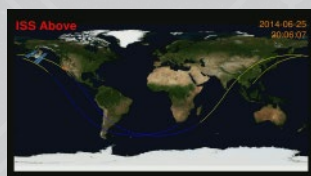
Find connections and special facts about the International Space Station throughout Next Gen STEM's Earth Observation Camp Experience:

<https://www.nasa.gov/stem-ed-resources/theres-no-place-like-home-earth-observation-camp-experience/>



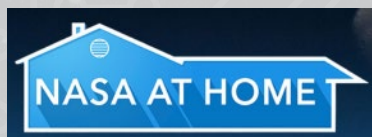
Have you ever wondered what kind of STEM activities occur on the International Space Station? Follow astronauts as they demonstrate STEM concepts such as Newton's Laws of Motion, surface tension, advances in technology, and more.

https://www.nasa.gov/audience/foreducators/stem-on-station/lessons_from_space/index.html



The ISS-Above is a small, inexpensive hardware device that connects students with the International Space Station by instantly and reliably providing current information, location alerts, and live HD video streaming from space.

www.issabove.com



Let NASA bring activities, videos, ebooks, and more into your home. There are video tours, family and children's games, and more.

<https://www.nasa.gov/specials/nasaathome/index.html>



@Astro_Andreas



@LunarLoral



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